

GETTING TO KNOW ME

Initials: _____

Age: _____

Gender: Male

Female

Currently I live in the (nearest intersection) _____ neighbourhood.

Things you would be interested to know about me:

(Likes & dislikes, family/siblings, friends, interests/hobbies in community, what's important to me etc)

I'm good at:

I need support with:

I am happiest when:

I get anxious or upset when:

I communicate best with people when: ***(comment on receptive & expressive language)***

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When I move out...

I would like to live in the _____ neighbourhood or the _____ neighbourhood because:

I could see myself sharing space with others OR living alone.

Details about my thoughts: _____

I hope that...

My housemates would be: **(describe desired characteristics)**

Other hopes:

It would be difficult to...

Live with a housemate who: **(describe actions or characteristics)**

Other things that may be difficult:

I think I would be a good person to live with because:

I have some other thoughts on moving out....

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These are some of the people in my life who support me and help me make decisions:

The next section will tell you a little bit about them and what they think about me moving out of my family home.

As a member of _____'s family/network, we hope for....

We worry about....

Some important things to consider are....

If you think you would like to meet me and my family, please contact the LIGHTS Facilitator to find out how we might connect.



PERMISSION TO SHARE INFORMATION:

LIGHTS and Community Living Toronto want to be respectful to your privacy. Please check below if you agree to LIGHTS and Community Living Toronto sharing the information on this form with other individuals and families who are interested in networking.

- Yes! The information on this form, GETTING TO KNOW ME, can be shared with other people who are looking for a roommate. It will not be shared with anyone else or made public without my permission.**